



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
Regional Office I

City of San Fernando, La Union, Telefax # (072) 607-6594



RNC Resolution No 1, s 2014

REQUESTING THE RDC THRU THE RSDC TO ENJOIN ALL LOCAL GOVERNMENT UNITS (LGUs) OF REGION I TO IMPLEMENT THE OPERATION TIMBANG (OPT) PLUS IN THE ASSESSMENT OF NUTRITIONAL STATUS OF 0-71 MONTHS OLD CHILDREN

WHEREAS, the Regional Nutrition Committee (RNC) was established to coordinate the planning, implementation, monitoring and evaluation of nutrition activities within the region;

WHEREAS, the annual OPT is undertaken by LGUs during the first quarter of each year to identify and determine the degree of malnutrition in the locality;

WHEREAS, the OPT results are very essential for planning as well as the evaluation of nutrition interventions;

WHEREAS, Administrative Order No. 0015, s. 2010 issued by the Department of Health on the Revised Policy on Growth Standard shall be observed in the conduct of OPT and growth monitoring and promotions;

WHEREAS, the following general guidelines shall be strictly implemented:

1. The growth and development of children 0-71 months old shall be assessed by measuring their weights and heights regularly:
 - For children 0-23 months old, their weights and lengths shall be measured once a month;
 - For children 24-71 months old their weights and heights shall be measured twice a year;
 - The weight and height of a child shall also be measured every time they come in contact with the health care system e.g. when the child is sick and brought in for consultation;
 - The weights of 0-71 months taken during OPT shall be done once a year (January-March) which would cover at least 16.2% of the total population. Underweight and overweight children identified during OPT shall be referred to the health facility for regular growth monitoring and for institution of appropriate interventions.
2. World Health Organization-Child Growth Standard (WHO-CGS) shall be used as the standard in the assessment of child's nutritional status. Standard measurement indicators to measure child's growth are: weight for age for 0-71 months old; length for age for 0-23 months old or height for age for 24-71 months old; and weight for length for 0-23 months old or weight for height for 24-71 months old.





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3. All newborns and children ages below 71 months old shall be given an Early Childhood Care and Development (ECCD) card as the tool for growth monitoring and promotion. The ECCD card for boys and girls shall serve as the record of the essential services which a child shall receive from 0-71 months old. This card also contains a chart where the weights and heights of children shall be plotted to observe trends in growth and to detect growth faltering so that immediate measures/interventions shall be instituted.
4. The WHO-CGS Growth tables and charts, ECCD cards and equipment e.g. weighing scales/infantometer/microtoise/height/length board shall be used and made available in all Rural Health Units, public and private health and hospital facilities or in places where weight and height measurements will be taken. The reproduction of the ECCD cards will be the responsibility of the LGU with augmentation from national agencies and other stakeholders, partners and donors.

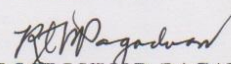
NOW THEREFORE, premises considered, be it resolved as it is hereby resolved, to enjoin all LGUs of Region I to implement the annual OPT Plus as well as growth monitoring and promotion of 0-71 months old children.

RESOLVED FURTHER, to request the DILG to enjoin LGUs and barangays to implement the OPT plus and to allocate funds for its adoption.

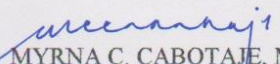
RESOLVED FINALLY, that the RNC thru the NNC will oversee and monitor the implementation of the OPT plus in the assessment of nutritional status of 0-71 months old children and to furnish all LGUs copies of this resolution for their guidance and appropriate action.

Done this 24th day of February 2014 at City of San Fernando, La Union.

Certified Correct:


ROSE LULU P. PAGADUAN
RNC Secretariat

Approved:


MYRNA C. CABOTAJE, MD., MPH, CESO III
Regional Director, DOH and RNC Chairperson

